

# Distracted Driving

## University of Louisiana at Lafayette

### Safety Meeting –April/May 2021

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AAA Safety Videos - YouTube

## Did You Know:

There are more than 38,000 deaths in auto accidents annually. Each year over 2.5 million of people are involved in automobile accidents for a variety of reasons:

- Cell phone usage - 1.6 million
- Distracted drivers – 421,000
- Texting – 330,000 (1 in 4 accidents)

## Preventing Distracted Driving Accidents:

- Turn your cell phone off when you get in your vehicle or use your phone's "Do Not Disturb While Driving" feature
- Don't look at your passengers to have a conversation
- Don't read the newspaper, book or map while driving
- Have your music loaded before you go
- Do your grooming before you drive
- Avoid eating while driving

## [Distracted Driving Video](#)

Please watch the linked PSA video, by AAA Safety (2 minutes 14 seconds)

- <https://www.youtube.com/watch?v=zWdfeE2YsNc>
  - Distractions examined by people who text while driving
  - Distractions can linger as long as 27 seconds after putting the phone down

